

## **CURRICULUM VITAE**

**NAME** Katherine Simone McGilton

### **ACADEMIC HISTORY**

2001 Ph.D. (Nursing)  
University of Toronto

1993 MScN (Nursing)  
University of Toronto

1987 BScN (Nursing)  
University of Toronto

### **THESES**

McGilton, K.S. (2001). The influence of a relationship enhancing program of care on residents, family members and nursing staff. Doctoral dissertation (Supervisors: Dr. L.L. O'Brien-Pallas and Dr. D. Pringle)

McGilton, K.S. (1993). The effects of perceived and preferred control on nurses decision making control in long term care environments. Master thesis (Supervisor: Dr. D. Pringle)

### **ACADEMIC AWARDS**

2001 Post doctoral Training Award, Alzheimer Society of Canada

1999 University of Toronto Fellowship

1998 Ontario Graduate Scholarship

1997 Ontario Graduate Scholarship

1997 Canadian Nurses Foundation; Jill E Schnecker Fellowship in Nursing

1996 Ontario Graduate Scholarship

1996 Gail Donner Scholarship, Registered Nurses Association of Ontario

1995 Ontario Graduate Scholarship

1995 University of Toronto, Connaught Scholarship (deferred)

1995 Quality of Nursing Worklife Studentship

1994 University of Toronto, Connaught Scholarship

1994 Quality of Nursing Worklife Studentship

1992 Canadian Nurses' Foundation; Royal Canadian Legion

1992 Dean's Society Graduate Fellowship

### **CURRENT POSITIONS**

2003-present	Affiliate Scientist	Baycrest Centre for Geriatric Care Toronto
2001-present	Scientist	Toronto Rehabilitation Institute Toronto
2001-present	Lecturer (status)	Faculty of Nursing University of Toronto
2001-present	Co-Investigator Nursing Effectiveness, Utilization & Outcomes Research Unit	Faculty of Nursing University of Toronto

### **PREVIOUS POSITIONS**

2001-2003	Post doctoral fellow	Kunin Lunenfeld Applied Research Unit Baycrest Centre for Geriatric Care Toronto
2000	Research Associate for a Research Utilization Study	Faculties of Nursing, University of Alberta University of Toronto
1995-2000	Instructor & Teacher Assistant	Faculty of Nursing University of Toronto
1999-2000	Consultant	Baycrest Centre for Geriatric Care North York
1996-97	Consultant	Sunnybrook Health Science Centre North York
1994-1995	Research Assistant	Faculty of Nursing University of Toronto
1994	Clinical Nurse Specialist, Gerontology	Sunnybrook Health Science Centre, North York
1992-93	Special Projects Co-ordinator, Gerontology	Centenary Health Centre, Scarborough
1988-92	Clinical Educator/Medicine	Centenary Health Centre

1987-88

Staff Nurse

Centenary Health Centre

**TEACHING EXPERIENCES:**

2002 – NUR 1056 – People, Places and Programs in Long-Term Care

Developed and led a seminar course for graduate students. The major aim of this course for students is to acquire advanced nursing practice expertise related to providing care for long-term care populations, developing programs and places that reflect the diverse needs of people and place, and understanding the influencing policies and politics that affect caring for the elderly population.

2003, 2002 and 2001- NUR 1069 – Advanced Practice Nursing

Led a seminar course for graduate nursing students. The major aim of this course for students is to assist them with developing advanced clinical or administrative expertise.

2000 - NUR 1070 - Integration of Theory/Research into Practice

Co-led a seminar course for graduate nursing students. The major aim of this course for students is to assist them with integration of theory and research into their practice.

2000 and 1999 - NUR 360Y - Nursing Practice: Healthy Individuals and Families Across the Lifespan

In this clinical course, students focus on the health experience of individuals and families across the lifespan. The major aim of the course was to introduce the students to the impact of health on growth and development from birth to aging.

1997/98 and 1998/99 - NUR 304Y - Research Methods and Statistics

In this course, students were engaged in a critical examination of the research process used in the development of nursing science. The major aims of the course were: to introduce the student to the scope of research activities undertaken to resolve clinical problems, to prepare the student to critically review research findings, to assist students to understand the conceptual basis of statistical techniques commonly used in health sciences research and to encourage students to apply research findings into practice.

2003 - Rehabilitation Sciences: Methodological Issues In Research on Aging and Health – 1,2 hour presentation

2002 - NUR 1022 - Critical Appraisal of Research – 1, 3-hour presentation

2001 - NUR 360 - When Health Fails – 1, 5-hour presentation

1999 - NUR 1101S - Advanced Health Assessment and Diagnostic Reasoning - Adult, 1, 1 hour presentation

1998 - NUR 380 - Research Process, 1, 3 hour presentation

1997- NUR 1054 - The Clinical Challenges of Caring for Aging Person: A Conceptual and Research Based Approach, 1, 1-hour seminar presentation

**RESEARCH GRANTS**

### **A. Research Proposals Submitted:**

2003 – Alternative approaches to assessing outcomes in health services research.

Principal Investigator: S. Sidani

Co-Investigators: A. Davis, D. Beacon, D. Doran, D. Streiner & **K. McGilton**

Submitted to the Canadian Institute of Health Research (\$ 150,000)

### **B. Currently Awarded/Funded:**

2003 – Sitting on the Bedside: A planned time for interactions

Co-Principal Investigators: **K.S. McGilton** & H. Irwin-Robinson

Co-Investigators: V. Boscart, P. Minor & L. Spanjevico

Funded by the Collaborative Research Program: Rehabilitation & Long-Term Care (\$7,356.)

2002 – Identification and testing of factors that influence supervisors' ability to develop support relationships with their staff

Co-Principal Investigators: **K.S. McGilton** & L. McGillis-Hall

Co-Investigators: D. Pringle, L. O'Brien-Pallas, J. Krejci, & J. Williams

Funded by the Canadian Health Services Research Foundation (\$167,000)

2002 – Identification of factors that influence staffs' ability to develop supportive relationships with family members in complex continuing care environments

Co-Principal Investigators: **K. S. McGilton** and S. Guruge

Co-Investigators: R. Librado, H. Campbell, L. Yetman

Co-funded by the Collaborative Research Program: Rehabilitation & Long-Term Care and Canadian Nurses Foundation -Nursing Care Partnership Program: Canadian Health Services Research Fund (\$ 14,815)

### **C. Previously Funded Research:**

2002 – The development of a patient centred care survey for patients in rehabilitation.

Principal Investigator: Cheryl Cott

Co-Investigators: G. Teare & **K. S. McGilton**

Funded by the Ministry of Health and Long Term Care (\$23,000)

2001 to 2003 – Postdoctoral award

Recipient: **K. S. McGilton**

Supervisor: David. S. Streiner  
Funded by the Alzheimer Society of Canada (\$70,000)

2001 – Continued testing of the psychometric properties of relationship measures

Principal Investigator: **K.S. McGilton**  
Co-Investigator: D. Streiner  
Funded by the Collaborative Research Program - Long Term Care (\$5,000)

2000 - The effects of a spatial orientation intervention to minimize the stress of relocation for elders with dementia

Co-Principal Investigators: **K.S. McGilton** and P. Dawson  
Co-Investigator: T, Rivera & R. VanReekum  
Funded by the Canadian Gerontological Nursing Association (\$2,500)  
Funded by Baycrest's Nursing Education and Research Committee (\$1,500)  
Funded by KLARU Research Fund (\$2,500)

1999 - Sleep efficiency: Can it be measured?

Principal Investigator: D. Buchanan  
Co-Investigator: **K.S. McGilton**, M. Reimer, S. Sidani, & S. Calabrese  
Awarded by the Collaborative Research Program - Long Term Care (\$5,000)

1998 - The effects of a care delivery system designed to enhance relationships between residents, careproviders and family members

Principal Investigator: **K.S. McGilton**  
Funded by the Baycrest Centre for Geriatric Care (Contract, \$23,000)

1998 - The psychometric testing of relationship measures

Principal Investigator: **K.S. McGilton**  
Awarded by the Collaborative Research Program- Long Term Care (\$4,950)

1996 - Factors that influence the care of residents with dementia.

Principal Investigator: **K.S. McGilton**  
Funded by Sunnybrook Health Science Centre (Contract, \$10,000)

1994 - Nursing and Personal Care Provider Study.

Principal Investigator: O'Brien-Pallas, L.L.,  
Co-Investigators: Charles, C., Blake, J., Luba, M., **McGilton, K.S.**, McGillis, L.,

Peerboom, L., Carter, M., Baumann, A., Bajnok, I.  
Funded by the Ontario Ministry of Health (Contract, \$570,000)

## **ACADEMIC PUBLICATIONS:**

### **Peer Reviewed Manuscripts:**

**McGilton, K.S.**, & Pringle, D.M. (1999). The effects of perceived and preferred decision making control on job satisfaction for nurses in long term care environments. Research in Nursing & Health, 22, 251-261.

**McGilton, K.S.** (2002). A model of care designed to enhance relationships between careproviders and residents. Journal of Gerontological Nursing, 28 (12), 13-21

**McGilton, K.S.**, (2003) O'Brien-Pallas, L.L., Darlington, G., Evans, M., Wynn, F., & Pringle, D., (2003). The effects of a relationship-enhancing program of care on outcomes. Image: Journal of Nursing Scholarship 35(20), 151-156.

**McGilton, K.S.**, Riveria, T., & Dawson, P. (2003) Can we help persons with dementia find their way in a new environment? Aging and Mental Health 7(5), 363-371

## **PAPERS SUBMITTED TO PEER REVIEWED JOURNALS**

**McGilton, K.S.**, Pringle, D., O'Brien-Pallas, L.L., & Wynn, F. (2003). The development and psychometric testing of careprovider-resident relationship measures. Western Journal of Nursing Research

**McGilton, K.S.**, (2003). The development and testing of supervisory measures in long-term care environments. Canadian Journal of Nursing Research

Tourrangeau, A., & **McGilton, K. S.** (2003) Leadership Practices Inventory - Psychometric Properties. Nursing Research

**McGilton, K.S.** (2003). Relating well to persons with dementia: A variable influencing staffing and quality of care outcomes. Alzheimer Care Quarterly

## **PUBLICATIONS: NON-PEER REVIEWED**

### **Working Papers**

O'Brien-Pallas, L. L., Charles, C., Blake, J., Luba, M., **McGilton, K.S.**, Peereboom, E., McGillis Hall, L., Carter, M., Baumann, A., & Bajnok, I. (1995). The nursing and personal care provider study (Working Paper Series: 95-9). Hamilton, Ontario: University of Toronto & McMaster University, Quality of Nursing Worklife Research Unit.

### **Peer Reviewed Abstracts:**

**McGilton, K.S.**, & Streiner, D.L. (2002) Relationships between careproviders and residents with dementia: Can they be measured? Canadian Journal of Aging, (Suppl. 3)

**McGilton, K.S.**, O'Brien-Pallas, L.L., & Pringle, D. (2001) The effects of a relationship enhancing program of care on residents and family members. Gerontology, 47 (Supp. 1)

Chair, Janice Graham; Other participants: Holly Tuokko; Bonnie Dobbs & Norah Keeting, Andre Smith & Karen Kobayashi, Peter Stephenson & Cherry Russell; **McGilton, K.S.**, & Pringle, D. (2001). A Symposium: Dementia care. Gerontology, 47 (Supp. 1)

**McGilton, K.S.**, O'Brien-Pallas, L., Pringle, D., (2000). Changing a care delivery system in long-term care to focus on relationships: Preliminary results and challenges. Canadian Journal of Aging, (Suppl. 2)

**McGilton, K.S.**, Pringle, D.M., & O'Brien-Pallas, L.L. **The influence of a relationship enhancing program of care on resident, family member and nursing staff.** Gerontology, 40 (Supp. 1)

### **ACADEMIC PRESENTATIONS**

Cott, C.A., Teare, G. F., **McGilton, K.S.**, & Lineker, S. The Client Centred Rehabilitation Questionnaire: Development and Pilot Testing. Greater Toronto Association Rehabilitation Network, Feb 2003, Toronto, Ontario

**McGilton, K.S.**, & Streiner, D.L. Relationships between careproviders and residents with dementia: Can they be measured? Canadian Association of Gerontology, Montreal, October, 2002

McGillis-Hall, L., **McGilton, K.S.**, Doran, D, & Tourangeau, A. Nursing and patient outcomes research: A Canadian perspective. Advancing Nursing Practice Excellence: State of the Science, Sept 24, 2002, Washington, DC

**McGilton, K.S.**, Pringle, D.M., & O'Brien-Pallas, L.L. **The influence of a relationship enhancing program of care on resident, family member and nursing staff.** University of Toronto Faculty of Nursing Research Day, April 24, 2002, Toronto, ON

C. A. Estabrooks, B. Stevens, J. Lander, J. Watt-Watson, L. O'Brien-Pallas, G. Donner, J. I. Williams, K. Golden-Biddle, G. Boschma, F. Lau, C. K. Humphrey, J. Profetto-McGrath, **K. McGilton**, S. Scott-Findlay, F. Warnock, RN, E. Gort, R. Hornung, , H. Chong, K. Hugo & K. Hesketh "An ethnographic case study of research utilization" University of Toronto Faculty of Nursing Research Day, April 24, 2002, Toronto, ON and International Pediatric Research Symposium, April 11-12, 2002, Montreal, PQ

**McGilton, K.S.**, Pringle, D.M., & O'Brien-Pallas, L.L. **The influence of a relationship enhancing program of care on resident, family member and nursing staff.** 54<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Chicago, Illinois, Nov 15-18, 2001

C. A. Estabrooks, J. Profetto-McGrath, J. N. Norris, J. Watt-Watson, J. Lander, B. Stevens, G. Boschma, L. O'Brien-Pallas, F. Lau, G. Donner, J. I. Williams, C. K. Humphrey, **K. McGilton**, S. Scott-Findlay, F. Warnock, H. Chong, E. Gort, K. Hugo & K. Hesketh, **An ethnographic case study of research utilization.** Sigma Theta Tau International, Scientific Sessions - November 12, 2001 - Indianapolis, Indiana

**McGilton, K.S.**, O'Brien-Pallas, L.L., & Pringle, D.M. **Enhancing the relationships between health care aides and their supervisors and long-term care residents.** 9<sup>th</sup> National Conference on Nursing Administration, Cincinnati, Oct 15 – 17, 2001

**McGilton, K.S.**, O'Brien-Pallas, L.L., & Pringle, D. **The effects of a relationship enhancing program of care on residents and family members.** 17th Congress of the International Association of Gerontology, Vancouver, July 1-6, 2001

Chair, Janice Graham; Other participants: Holly Tuokko; Bonnie Dobbs & Norah Keeting, Andre Smith & Karen Kobayashi, Peter Stephenson & Cherry Russell; **McGilton, K.S.**, & Pringle, D. **A Symposium: Dementia care.** The 17th Congress of the International Association of Gerontology, Vancouver, July 1-6, 2001

**McGilton, K.S.**, Dawson, P., Rivera, T., Van Reekum, R. **The effects of a spatial orientation intervention to minimize the stress of relocation for elders with dementia.** 11th National Conference on Gerontological Nursing, New Foundland, June 2001

Buchanan, D., **McGilton, K.S.**, Reimer, M., Sidani, S., & Calabrese, S. **Are you sleeping? Exploring ways to measure the phenomena.** 11th National Conference on Gerontological Nursing, New Foundland, June 2001

Calabrese, S., Rivera, T., Buchanan, D., Fox, M., & **McGilton, K.S.** **An educational approach to a home-like environment within a long-term care setting.** 11th National Conference on Gerontological Nursing, New Foundland, June 2001

Chair: C. A. Estabrooks; Other participants, Profetto-McGrath, J., Tilford, P., Scott-Findlay, S., **McGilton, K.S.** **A symposium: A Tale of Two Cities** (A multi-site study of

research use in the context of pain management). AARN, Edmonton, Alberta, May 2001

**McGilton, K.S., O'Brien-Pallas, L., Pringle, D., Changing a care delivery system in long-term care to focus on relationships: Results and challenges.** 29th Annual Scientific and Educational Meeting, Canadian Association of Gerontology, Edmonton, October 27, 2000

**McGilton, K.S., A Symposium: Examining Ways to Enhance the Quality of Life of LTC Residents.** Chair: P. Dawson; other participants, D.Wells, D.Buchanan, & M. Fox. University of Toronto, Faculty of Nursing, Research Day 2000, Toronto, Ontario, April 25, 2000

**McGilton, K.S., O'Brien-Pallas, L., Pringle, D., Evans, M., Wells, D., & Wynn, F. The effects of a redesigned care delivery model on resident and family member outcomes.** 28th Annual Scientific and Educational Meeting, Canadian Association of Gerontology, Ottawa, November 5, 1999

**McGilton, K.S., O'Brien-Pallas, L., & Pringle, D. A model of care delivery that focuses on enhancing the relationship between the careprovider, resident and family member.** 10th Canadian Gerontological Nursing Conference, Edmonton, Alberta, May 26-29, 1999.

**McGilton, K.S., O'Brien-Pallas, L., Pringle, D., Wynn, F & Brown, M. Developing measures about relationships between careproviders and residents; A theory driven approach.** 10th Canadian Gerontological Nursing Conference, Alberta, May 26-29, 1999

**McGilton, K.S.. Utilization of research into practice: Strategies to implement an intervention.** First International Research Utilization Conference: Preparing for the new millennium. Toronto, Ontario, April 25, 1998

**McGilton, K.S., A Symposium: Measuring Nursing Sensitive Patient Outcomes: Theory and Methodological Issues Participant.** Chair: P. Petryshen; other participants, D. Irvine & S. Sidani. First International Research Utilization Conference: Preparing for the new millennium. Toronto, Ontario, April 25, 1998

**McGilton, K.S. & Sidani, S. A multiple method approach to measuring outcomes for persons with cognitive impairment living in long term care institutions.** 9th National Conference on Gerontological Nursing, Ottawa, Ontario, May 26, 1997

O'Brien-Pallas, L, **McGilton, K.S.,** Peereboom, E, & McGillis Hall, L. **Factors related to how nurses spend their time in long term care environments.** International Council of Nurses 21st Quadrennial Congress, Vancouver, British Columbia, June 10, 1997

**McGilton, K.S., Spee,R., & Wallace, P. The Conceptualization and measurement of clinical autonomy.** Interdisciplinary Research Conference, Ottawa, Ontario, November 1996

**McGilton, K.S.,** Lusher, D, Flint, F., Picco, S., Linscott, J., & Buikema, T.,  
**Implementing a Bowel Management Program: Outcomes Achieved By Reframing Nursing Practice.** 8th National Conference on Gerontological Nursing, Winnipeg, June 3, 1995

**McGilton, K.S., & Pringle, D. The Effects of Perceived and Preferred Control on Nurses' Job Satisfaction in Long Term Care Environments,** Second Annual Conference on the Quality of Nursing Worklife, Toronto, Ontario, March 15, 1993; 7th National Conference on Gerontological Nursing, Vancouver, British Columbia, May 25, 1993

Young, L, Dalziel, J, Rybenko, L, & **McGilton, K.S, Values, Beliefs and Standards: Laying the Groundwork for a Professional Practice Model.** Second Annual Conference on the Quality of Nursing Worklife, Toronto, Ontario, March 15, 1993

**McGilton, K.S., & Rybenko, L, Alzheimer's: An Acute Care Approach Utilizing King's Conceptual Framework,** 6th National Conference on Gerontological Nursing, Toronto, Ontario, May 23, 1991

#### **ABSTRACTS ACCEPTED FOR PRESENTATIONS:**

**McGilton, K.S. & Streiner, D.S.** Factors that influence effective relational care provided to residents living in long-term care environments. Submitted to Advancing Nursing Practice Excellence: State of the Science, Sept, 2003, Toronto, Canada

**McGilton, K.S.,** Teare, G., Rich, R., Boscart, V., Davis, A., Wodchis, W., & Williams, J. Factors influencing knowledge exchange in rehabilitation and complex continuing care environments. 31<sup>st</sup> Annual Scientific and Educational Meeting, Canadian Association of Gerontology, Toronto, October, 2003

**McGilton, K.S.,** Guruge, S., Librado, R., Yetman, L., Campbell, H., Bloch, L., & Ladick, Salima. Factors influencing nursing staffs ability to develop supportive relationships with family members living in complex continuing care. 31<sup>st</sup> Annual Scientific and Educational Meeting, Canadian Association of Gerontology, Toronto, October, 2003

**McGilton, K.S.** Relating well as an indicator of quality of care. Submitted to the 56<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Nov 2003

#### **ABSTRACTS SUBMITTED FOR PRESENTATIONS:**

**McGilton, K.,** Irwin-Robinson, H., Boscart, V., & Minor, P. Sitting on the Bedside: A Planned time For Interactions. Submitted to 2<sup>nd</sup> International Conference on Elder Care, Registered Nurses Association of Ontario. Oct, 2003, Toronto, Canada

#### **OTHER ACADEMIC PRESENTATIONS;**

## A. University of Toronto

My Journey of Developing a Program of Research: Collaborative Research Program - Long Term Care, Research and Practice Series, Nov 14, 2002

Can we help persons with dementia find their way in new environments? Relationships between Residents and Careproviders: Can they be defined and measured? Collaborative Research Program - Long Term Care, Research and Practice Series, Dec 6, 2001

The Effect of a Spatial Orientation Intervention for persons with dementia, Kunin Lunefeld Applied Research Unit, Research Series, May 30, 2001.

The Effect of a Relationship Enhancing Program of Care on Resident, Family Member, and Careprovider Outcomes, Kunin-Lunefeld Applied Research Unit, Research Series, November 15, 2000.

Relationships between Residents and Careproviders: Can they be defined and measured? Collaborative Research Program - Long Term Care, Research and Practice Series, June 10, 1999

Realities of Field Research, Collaborative Research Program - Long Term Care, Research and Practice Series, September 24, 1997

## PRESENTATIONS TO PROFESSIONAL AND ORGANIZATIONAL AUDIENCES

**McGilton, K.S.** Developing a relationship centred program of care. Bridgepoint Health Centre, **Invited Speaker**, May 12, 2003

**McGilton, K.S.** Nursing research in Gerontology: Why bother? Humber River Hospital, **Invited Speaker**. Advancing Gerontological Nursing Practice. October 23, 2002

**McGilton, K.S.** How do we build and maintain relationships between nursing staff and their supervisors and nursing staff and residents in long-term care environments? Speciality Care: Retirement and Nursing Homes, **Invited Speaker**. May 8, 2002

**McGilton, K.S.**, Flint, F., Picco, S., Linscott, J. Changing Nurses Practice in Long Term Care. Telemedicine Canada, **Invited Speaker**, March 7, 1996

## PEER REVIEWED ACTIVITIES

### A. Journal Manuscript Reviewer for:

Perspectives, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003

**B. Internal Grant Funding Reviewer for:**

Collaborative Research Program - Long Term Care, 1999, 2001, 2002, 2003

**C. Abstract Reviewer for:**

Canadian Gerontological Nursing Association Conference, 1995, 1997, 1999, 2001

**PROFESSIONAL EXPERIENCE AND COMMUNITY SERVICE**

**A. Professional Activities**

2002 to present	Expert Panel Member for the RNAO Best Practice Guidelines: Care Strategies for Dementia, Delirium and Depression
2003 to present	President-Elect for the Nursing Research Interest Group for RNAO
2001 to present	Research Planning Committee Member for the Collaborative Research Program: Rehabilitation and Long-Term Care
1998 to 2000	External Advisory Committee for the Nursing Effectiveness, Utilization, and Outcomes Research Unit (NRU)
1992-97	Awards and Scholarship Committee, RNAO Foundation Board

**B. Membership**

Registered Nurses Association of Ontario  
Gerontological Nurses Association  
Canadian Gerontological Nurses Association  
Sigma Theta Tau, Honour Society of Nursing  
Canadian Nurses Association  
Canadian Association of Gerontology  
Gerontological Society of America  
Council on Graduate Education for Administration in Nursing