

The **Toronto Rehabilitation Institute** is Ontario's leading academic health science centre in rehabilitation research, education and patient care.

As the largest provider of adult rehabilitation services in Canada, Toronto Rehab helps more than 16,000 people each year who suffer from heart attack, stroke and spinal cord injury or disease to rebuild their lives physically and emotionally. Toronto Rehab teaches people to adapt to new challenges and regain the physical and mental abilities needed to get on with their lives.

Toronto Rehab is a fully affiliated teaching hospital of the University of Toronto, dedicated to advancing rehabilitation techniques through research, putting those techniques into practice and sharing its discoveries with students and other rehabilitation providers across the country.

Rehabilitation is a key component of the health care system that puts people on the road to recovery following acute illness or injury. Toronto Rehab provides patient care in seven main areas:

- **Cardiac rehabilitation** helps individuals who have had a heart attack or major heart surgery
- **Spinal cord rehabilitation** helps maximize the independence of individuals who have sustained a spinal cord injury or disease
- **Musculoskeletal rehabilitation** helps increase independence in daily living for individuals who have had joint replacement surgery, multiple fractures, osteoporosis or cancer
- **Neuro rehabilitation** helps optimize functional abilities of individuals who have experienced a stroke or brain injury
- **Geriatric rehabilitation** helps individuals who have severe and multiple age-related illnesses
- **Complex Continuing Care** helps individuals with complex medical conditions such as Alzheimer disease, cerebral palsy, multiple sclerosis and Parkinson's disease
- **Long-Term Care** helps individuals live independently by offering 24-hour nursing care in a homelike environment

The Toronto Rehabilitation Institute was established in 1998 by the amalgamation of the Rehabilitation Institute of Toronto (itself a voluntary merger of The Queen Elizabeth and Hillcrest Hospitals in 1997), Lyndhurst Hospital and the Toronto Rehabilitation Centre. Located at five sites in the city, Toronto Rehab employs more than 1,700 people and benefits from the support of more than 400 volunteers.

#### **Toronto Rehab Locations:**

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Hillcrest Centre 47 Austin Terrace Toronto, ON M5R 1Y8	Queen Elizabeth Centre 130 Dunn Avenue Toronto, ON M4G 3V9	University Centre 550 University Avenue Toronto, ON M5G 2A2
Lyndhurst Centre 520 Sutherland Drive Toronto, ON M6K 2R7	Rumsey Centre 345/357 Rumsey Road Toronto, ON M4G 1R7	

For more information, visit [www.torontorehab.com](http://www.torontorehab.com) or call 416-597-3422.