

Toronto Rehabilitation Institute (Toronto Rehab) is Ontario's leading academic health science centre in adult rehabilitation research, education and patient care.

As the largest academic provider of adult rehabilitation services in Canada, Toronto Rehab helps more than 15,000 people each year who experience disabling injury and illness to rebuild their lives physically and cognitively.

Rehabilitation is a key component of the health care system. It puts people on the road to recovery following acute illness or injury. Toronto Rehab teaches people how to adapt to new circumstances and to regain the abilities they need to get on with their lives.

Toronto Rehab is a fully-affiliated teaching and research hospital of the University of Toronto. It is dedicated to advancing rehabilitation science by generating new knowledge, putting this knowledge into practice, and sharing its discoveries with students and other rehabilitation providers across the country.

Toronto Rehab provides patient care in seven main areas:

- **Cardiac Rehabilitation and Secondary Prevention** helps people who have or are at risk of having heart disease, diabetes or stroke, lead healthier lives. This program is the largest of its kind in Canada.
- **Spinal Cord Rehabilitation** empowers people who have sustained a spinal cord injury or disease to maximize their independence. This program is the largest of its kind in Canada.
- **Musculoskeletal Rehabilitation** helps people who have had joint replacement surgery, multiple fractures, osteoporosis or cancer increase their strength and maximize their independence.
- **Neuro Rehabilitation** helps people optimize their functional abilities and independence following a stroke or brain injury.
- **Geriatric Rehabilitation** helps people with age-related illnesses to live as safely and independently as possible.
- **Complex Continuing Care** helps improve the quality of life for people living with complex medical conditions such as Alzheimer's disease, cerebral palsy, multiple sclerosis and Parkinson's disease.
- **Long-Term Care** provides 24-hour nursing care in a homelike environment to people who are no longer able to live on their own.

Toronto Rehab celebrates its 10<sup>th</sup> Anniversary in 2008. It was established in 1998 by the amalgamation of the Rehabilitation Institute of Toronto (itself a voluntary merger of the Queen Elizabeth and Hillcrest Hospitals in 1997), Lyndhurst Hospital and the Toronto Rehabilitation Centre.

Located at five sites in the city, Toronto Rehab employs more than 1,800 people and benefits from the support of more than 400 volunteers.

### Toronto Rehab locations:

**Hillcrest Centre**

47 Austin Terrace  
Toronto, ON  
M5R 1Y8

**University Centre**

550 University Avenue  
Toronto, ON  
M5G 2A2

**Lyndhurst Centre**

520 Sutherland Drive  
Toronto, ON  
M6K 2R7

**E.W. Bickle Centre**

130 Dunn Avenue  
Toronto, ON  
M4G 3V9

**Rumsey Centre**

345/347 Rumsey Road  
Toronto, ON  
M4G 1R7

### For more information, please contact:

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