

The 2007 National Rehabilitation Nursing Conference:



CARN

Canadian Association of
Rehabilitation Nurses

The Future is Now

Help build a new national identity for rehab nurses!

June 14 – 15, 2007

Sheraton Centre Hotel – 123 Queen Street West, Toronto

Thursday, June 14, 2007

7:30 – 8:30 a.m. Registration and Continental Breakfast

8:30 – 9:00 a.m. **Opening Ceremonies**



9:00 – 10:15 a.m. Keynote Presentation: **Toward 2020: New Directions for Canadian Nursing**
Michael J. Villeneuve, RN, MSc

10:15 – 10:45 a.m. Morning Break and Poster Viewing

10:45 a.m. – 12:30 p.m. **Concurrent Sessions 1**

12:40 – 2:00 p.m. Lunch and Poster Viewing

2:00 – 3:00 p.m. **Tackling Ethical Dilemmas in Day to Day Practice: Maximizing the Potential of the Rehabilitation Nurse**
Jane Chambers-Evans, BNSc, MScA, MSc (Bioethics)

3:00 – 3:20 p.m. Afternoon Break

3:20 – 5:10 p.m. **Concurrent Sessions 2**

5:10 – 6:45 p.m. **Wine and Cheese Reception**

Friday, June 15, 2007

7:30 – 8:45 a.m. Continental Breakfast

7:45 – 8:45 a.m. **Annual General Meeting – Introduction of CARN Board of Directors**

9:00 – 10:30 a.m. Panel Session: **The Future of Rehab Nursing: How to Make the National Rehabilitation Nursing Competencies Come Alive in Practice**

10:30 – 11:00 a.m. Morning Break and Poster Viewing

11:00 a.m. – 12:50 p.m. **Concurrent Sessions 3**

12:50 – 2:00 p.m. Lunch



2:00 – 3:00 p.m. Keynote Presentation: **Changes in Rehabilitation Nursing Necessary to Address the Evolving Care Needs of People With Chronic Illness**
Dr. Barbara Paterson

3:00 – 3:30 p.m. Afternoon Break

3:30 – 4:15 p.m. **Closing Ceremonies**



The Toronto
Rehabilitation
Institute and
the Canadian
Association of
Rehabilitation Nurses

(CARN) – an emerging national association recognized by the Canadian Nurses Association – are pleased to announce the 2007 National Rehabilitation Nursing Conference: **The Future is Now.**

This is an exciting and historic moment for Rehab Nurses in Canada! This conference – held at the Sheraton Centre Hotel in downtown Toronto – will facilitate networking and the building of best practices while empowering rehab nurses from across the country. This year, the Conference will also host the inaugural Annual General Meeting of CARN.

Rehab nurses, managers, directors, policy makers, researchers, students, and representatives from national and provincial nursing groups are invited to network and share the latest research and information on topics such as ethics, patient safety, interdisciplinary approaches to care, self-management, risk-taking and the role of the nurse in rehabilitation.

Now is the time for action!
Join us in Toronto in
June, 2007.

Wednesday, June 13, 2007

6:00 – 8:00 p.m. Pre-registration at the Sheraton Centre Hotel

Thursday, June 14, 2007

7:30 – 8:30 a.m. Registration and Continental Breakfast

8:30 – 9:00 a.m. **Opening Ceremonies**

Moderator

Lori Korkola, RN, MN, ACNP

Corporate Professional Leader, Nursing, Toronto Rehabilitation Institute

Welcoming Remarks

Karima Velji, RN, PhD

*VP, Patient Care & Chief Nursing Executive, Toronto Rehabilitation Institute;
Assistant Professor, Faculty of Nursing, University of Toronto*

Mark Rochon

President & CEO, Toronto Rehabilitation Institute

Christine Rieck Buckley, RN, MScA

Nurse Consultant, Nursing Policy, Canadian Nurses Association

Official Launch of CARN

Sandi Cox, RN, MN (Admin), CRN(C)

President, Canadian Association of Rehabilitation Nurses



9:00 – 10:15 a.m. **Keynote Presentation**

Toward 2020: New Directions for Canadian Nursing

Michael J. Villeneuve, RN, MSc

*Executive Director, Academy of Canadian Executive Nurses;
Scholar in Residence, Canadian Nurses Association;
Principal, Busara Consultants*

The greatest amount and pace of change in human history will happen between now and 2050 — exactly the career time of the students who started nursing school last September. The Canadian Nurses Association's study "Toward 2020" laid out scenarios and visions for a different kind of nursing that will be needed to meet the health demands and social realities of the world in 2020. In this presentation, Michael Villeneuve will use humour and key pieces of evidence to challenge us all to imagine a world where computer chips perform surgery and non-human, robotic nursing care partners are part of the team — a world in which nurses will be expected to assume new roles and greatly increased responsibility across the health care system. Come prepared to be provoked, to hear how much Canadians value their nurses, and to imagine bright new directions for Canadian nursing.

10:15 – 10:45 a.m. Morning Break and Poster Viewing

10:45 a.m. – 12:30 p.m. **Concurrent Sessions I**

*Sessions I

Visit www.torontorehab.com/education/CARN for short descriptions of the workshops.

10:45 – 11:15 a.m.	<p>a. Breaking Down the Barriers: The Challenges of Facilitating Sexual Health Support for Persons with Disability Marie Carlson, RN, BSN, CRN(C), Sexual Health Clinician, G.F. Strong Rehab Centre</p>	<p>b. Use of Interpreters in Health Care: Practice, Research and Policy Issues Katie Hardie, Senior Lecturer, University of Toronto</p>	<p>c. Advanced Care Planning: The Critical Role of the Rehab Nurse Debbie Driver, Advanced Practice Leader, Complex Continuing Care, Toronto Rehab Nancy Boaro, RN, BScN, CNN(C), MN, Advanced Practice Leader, Neuro Rehab Program, Toronto Rehab Martha Gibson, RN, BScN, MSN(c), Nurse Education Leader, Research Coordinator, Toronto Rehab</p>
11:25 – 11:55 a.m.	<p>d. Change Management: Clinical Managers and Advanced Practice Nurse Working Together to Operationalize a Shared Vision Bonnie Hall, RN, MScN, GNC(C), Advanced Practice Nurse, SCO, Health Service Ottawa Marie Marques, RN, BA, MPA(C), Clinical Manager Physical Medicine and Rehabilitation, SCO, Health Service Ottawa Jane Sohmer RN, Practice Support Nurse, SCO, Health Service Ottawa</p>	<p>e. Patient-Centred Goal Setting: Empowering the Rehabilitation Nurse Nancy Boaro, RN, BScN, CNN(C), MN, Advanced Practice Leader, Neuro Rehab Program, Toronto Rehab</p>	<p>f. The Development of the College of Nurses of Ontario Advisory Group for Rehabilitation: Lessons Learned and Future Directions Sandra Stec, Outreach Consultant, College of Nurses of Ontario</p>
12:05 – 12:35 p.m.	<p>g. Using Appreciative Inquiry to Transform the Model of Nursing Care Delivery Lori Korkola, RN, MN, ACNP, Corporate Professional Leader, Nursing, Toronto Rehab Beverley Simpson, RN, MScN, CMC, Practice Consultant and Facilitator, Beverley Simpson Associates</p>	<p>h. Development of Client/Family Standardized Teaching/Learning Plans in a Pediatric Complex Continuing Care and Rehabilitation Setting Ana DiMambro RN, BScN Clinical Educator, Bloorview Kids Rehab</p>	<p>i. MS Fatigue – Assessment, Impact & Self-Management Angela Meagher, RN-NP, MN, CRN(C), Specialty Nurse Practitioner – Rehabilitation, Queen Elizabeth II Health Sciences Centre, Nova Scotia Rehabilitation Centre Sheila Moffatt, RN, BN, CRN(C), Clinical Nurse Educator, Queen Elizabeth II Health Sciences Centre, Nova Scotia Rehabilitation Centre</p>

12:40 – 2:00 p.m. Lunch and Poster Viewing

2:00 – 3:00 p.m. **Tackling Ethical Dilemmas in Day to Day Practice: Maximizing the Potential of the Rehabilitation Nurse**

Jane Chambers-Evans, BNSc, MScA, MSc (Bioethics)

Nursing Practice Consultant and Clinical Ethicist, McGill University Health Centre, Montreal General Hospital Campus

Every day in every setting, nurses are faced with ethical dilemmas in their work with patients, families and colleagues. It is imperative in our chaotic health care environments that nurses have a strong voice in the identification, examination and satisfactory resolution of the difficult moral conflicts that arise.

This presentation will assist nurses to systematically appraise ethical conflicts, use a clinical decision-making model to analyse the problem and come up with morally acceptable solutions. Clinical examples will be used to demonstrate the critical thinking that nurses need to be effective advocates for patients in rehabilitation.

3:00 – 3:20 p.m. Afternoon Break

3:20 – 5:10 p.m. **Concurrent Sessions 2**

5:10 – 6:45 p.m. Wine and Cheese Reception

***Sessions 2**

Visit www.torontorehab.com/education/CARN for short descriptions of the workshops.

3:20 - 3:50 p.m.	<p>a. Implementation of a Pain Assessment Program for Non-Communicating Children With Multiple Impairments at the Centre de Réadaptation Marie Enfant</p> <p>Carole Bourdage, Inf, Bsc, Chef de programme, Centre de réadaptation Marie Enfant du Chu Ste-Justine</p> <p>Suzanne Plante, Inf, Bsc, Msc(c), Cadre conseil en éthique et en réadaptation, Centre de réadaptation Marie Enfant du Chu Ste-Justine</p>	<p>b. Autonomic Dysreflexia and Sexual Activity: Uncovered</p> <p>Kate McBride, Sexual Health Clinician, G.F. Strong Rehab Centre</p>	<p>c. Secondary Stroke Prevention: The Integration of Best Practice Guidelines to Create Clinical Excellence</p> <p>Anna Bluvol, RN, MScN, CNN(c), Clinical Nurse Specialist, Rehabilitation Program, St. Joseph's Health Care</p>
4:00 – 4:30 p.m.	<p>d. Nursing Supporting Nursing – Role Clarification</p> <p>Elizabeth Bildfell, RN, MScN, St. John's Rehab Hospital</p>	<p>e. Implementing and Evaluating the New National Standards of Practice for Rehabilitation Nursing</p> <p>Karima Velji, RN, PhD, VP, Patient Care and Chief Nursing Executive, Toronto Rehab</p> <p>Martha Gibson, RN, BScN, MSN(c), Nurse Education Leader, Research Coordinator, Toronto Rehab</p>	<p>f. Building Capacity for Wound Care Excellence Through an Innovative Education Program</p> <p>Julia Kim, RN, MN, Clinical Educator, Toronto Rehab</p> <p>Lori Korkola, RN, MN, ACNP, Corporate Professional Leader, Nursing, Toronto Rehab</p>
4:40 – 5:10 p.m.	<p>g. Interdisciplinary Approach to Patient Education for the Stroke Survivor and Their Family</p> <p>Laurie Rutherford, PCM, Capital Health, Glenrose Rehabilitation Hospital</p> <p>Chris Wright, BScN, Capital Health, Glenrose Rehabilitation Hospital</p>	<p>h. Introducing Games in Children Rehabilitation: The Professional Collaboration Between Nurses and Therapeutic Clowns</p> <p>Florence Vinit, PhD, Psychosociologue, chargée de cours à l'Université Concordia, Directrice psychosociale de Dr Clown</p> <p>Suzanne Plante, Inf, Bsc Msc(c), Cadre conseil en éthique et en réadaptation, Centre de réadaptation Marie Enfant du Chu Ste-Justine</p>	<p>i. Hopes and Expectations: The Foundation of Interdisciplinary Team Work</p> <p>Carol Thompson, RN, BScN, CRN(C), Professional Practice Leader for Nursing, Bloorview Kids Rehab</p> <p>Judy Maheu, Dip P&OT, BScOT, MHSc, Director of Quality & Best Practice, Bloorview Kids Rehab</p>

Friday, June 15, 2007

7:30 – 8:45 a.m. Continental Breakfast

7:45 – 8:45 a.m. **Annual General Meeting – Introduction of CARN Board of Directors**



9:00 – 10:30 a.m. Panel Session

The Future of Rehab Nursing: How to Make the National Rehabilitation Nursing Competencies Come Alive in Practice

Overview of the National Rehabilitation Nursing Competencies

Lily Spanjevic, RN, MN, CPMHN(C), GNC(C), CRN(C)
Advanced Practice Leader for Geriatric Rehabilitation,
Toronto Rehabilitation Institute

Kim Krog, RN, BScN, CRN(C)
Nursing Education & Informatics Coordinator,
Bloorview Kids Rehab

In 2004, Rehabilitation Nursing was given specialty designation by the Canadian Nurses Association. This designation helped launch the development of national rehabilitation competencies and the inaugural certification exam in Rehabilitation Nursing in 2006. This session will provide a brief overview of the 14 competencies that describe the unique knowledge and skills of rehab nursing.

The Certification Journey

Heather Gribben, RN, BScN, CRRN

The Rehabilitation Centre, Ottawa Hospital, Ottawa

This presentation will discuss the certification journey from a clinical nurse's perspective. The process of preparing for the exam and application of competencies in practice will be described as well as some examples of how the competencies can be used to improve care.

Organizational Strategies to Revolutionize Rehabilitation Nursing

Karima Velji, RN, PhD

VP, Patient Care & Chief Nursing Executive,
Toronto Rehabilitation Institute; Assistant Professor, Faculty
of Nursing, University of Toronto

This presentation will outline strategies that have been used in one organization to operationalize rehabilitation nursing standards in practice, and the impact of these strategies on patient and staff outcomes.

Evaluating Outcomes Related to Rehabilitation Nursing Competencies: A Researcher's Perspective

Katherine McGilton, RN, PhD

Research Scientist, Toronto Rehabilitation Institute; Career
Scientist, Ministry of Health and Long-Term Care; Assistant
Professor, Faculty of Nursing, University of Toronto

This presentation focuses on taking competencies from paper to the rehabilitation setting. The presentation reflects on how research can be done to evaluate the implementation of the competencies into practice and how we might understand the influence of the patient, rehabilitation professional and setting characteristics on expected outcomes.

Nursing Practice and Policy: A Compelling Force for Rehabilitation Nursing

Christine Rieck Buckley, RN, MScA, CRN(C)

Nurse Consultant, Nursing Policy, Canadian Nurses Association

This presentation will outline the relationship between nursing practice and policy within the context of rehabilitation nursing competencies and standards. It will identify the steps in the policy cycle, as well as examine strategies and opportunities for rehabilitation nursing to influence the policy process.

10:30 – 11:00 a.m. Morning Break and Poster Viewing

11:00 a.m. – 12:45 p.m. **Concurrent Sessions 3**

Toronto Rehabilitation Institute

A University of Toronto Teaching and Research Hospital

At Toronto Rehab, our goal is to advance rehabilitation and enhance quality of life by pushing the frontiers of rehabilitation science. As a fully affiliated and specialized teaching and research hospital of the University of Toronto specializing in adult rehabilitation, complex continuing care and long-term care, we do everything humanly possible to generate new knowledge, put it into practice and share our discoveries with others.

Canadian Association of Rehabilitation Nurses (CARN)

The Canadian Association of Rehabilitation Nurses (CARN) has been recognized as an emerging group of the Canadian Nurses Association and is the national organization representing rehabilitation nurses across Canada.

CARN is committed to promoting and advancing the art, science, and practice of professional rehabilitation nursing practice through education, advocacy, collaboration, and research to enhance the quality of life of Canadians affected by disability and chronic illness.

*Sessions 3

Visit www.torontorehab.com/education/CARN for short descriptions of the workshops.

11:00 – 11:30 a.m.	<p>a. Sexual Assault and Disability: Evening the Odds Michele Haire, RN, <i>Nova Scotia Rehabilitation Centre</i> Sandy Weatherbe, RN, Charge Nurse, <i>Nova Scotia Rehabilitation Centre</i></p>	<p>b. Secondary Stroke Prevention: The Importance of Lifestyle Modification Education Angela Small Sekeris, RN, BScN, CRN(C), <i>Clinical Nurse Specialist, District Stroke Centre, Bluewater Health</i></p>	<p>c. Patient Education From the Heart: The Art and Practice of Being a Skillful Teacher Anna Oliverio, RN, BScN, <i>Education & Development Clinician, Rehabilitation, Henderson Site, Hamilton Health Sciences</i> Harriett Draastra, RN, BScN, CRRN, CNN-C, <i>Education & Development Clinician, Rehabilitation, Chedoke Site, Hamilton Health Sciences</i></p>
11:40 a.m. – 12:10 p.m.	<p>d. Successful Strategies Used to Empower Rehabilitation Nurses on a Neurological Unit With the Knowledge, Skills, and Attitudes Needed to Enable the Implementation of Evidence-Based Practice Susan Oates, Advanced Practice Nurse, <i>West Park Healthcare Centre</i></p>	<p>e. Prevention and Treatment of Pressure Ulcers Following Spinal Cord Injury: What We Know and Don't Know Mary Ann Regan, RN, BScN, CNN(C), <i>Nurse Clinician, St. Joseph's Health Care London, Parkwood Hospital</i></p>	<p>f. The Role of the Nurse in Ambulatory Rehabilitation Services Annie Boto, BScN, <i>Clinical Nurse, Jewish Rehabilitation Hospital</i></p>
12:20 - 12:50 p.m.	<p>g. Challenge/Opportunity/ Change: Creating a Collaborative Partnership Nursing Care Delivery Model – The Sunny Hill Story Rita Janke, RN, MSN, <i>Interim Nurse Manager, Sunny Hill Health Centre for Children (A part of Children's & Women Health Centres of BC)</i></p>	<p>h. Implementation of a Model of Clinical Nursing Practice in a Rehabilitation Setting Donna Hill, <i>Clinical Manager, Ottawa Hospital</i> Christine Cercena, BScN, <i>Ottawa Hospital</i></p>	<p>i. Creating an Inter-Professional Collaborative Practice Environment: The G.F. Strong Experience Jean Carr, RN, BSN, CRN (C), <i>Clinical Educator, G.F. Strong Rehab Centre</i> Carol Chao, RN, BSN, <i>Patient Services Manager, Neuromuscular Skeletal Program and Nursing Practice Leader, G.F. Strong Rehab Centre</i></p>

12:50 – 2:00 p.m. Lunch



2:00 – 3:00 p.m. Keynote Presentation
Changes in Rehabilitation Nursing Necessary to Address the Evolving Care Needs of People With Chronic Illness

Dr. Barbara Paterson, *Professor & Tier 1 Canada Research Chair, Faculty of Nursing, University of New Brunswick*

This presentation will cover how the move to provide specialty care in cities and in specifically designated hospitals will impact rehabilitation nurses' roles in the future, how the public's increasing reliance on technology has implications for how nurses function, and how new chronic diseases will impact rehab nursing in the immediate future. Dr. Paterson will emphasize how nursing education and leadership has not adequately prepared nurses for these changing roles. She will conclude with recommendations for the future of rehabilitation nursing.

3:00 – 3:30 p.m. Afternoon Break

3:30 – 4:15 p.m. **Closing Ceremonies**

Lori Korkola, RN, MN, ACNP

Corporate Professional Leader, Nursing, Toronto Rehabilitation Institute

Sandi Cox, RN, (Admin), CRN(C)

President, Canadian Association of Rehabilitation Nurses

Cancellation Policy

Registration closes at 5 p.m. on Monday, June 11, 2007.

Payment by cheque or VISA must accompany the completed registration form. Payment must be received on or before Monday, June 11, 2007. Refunds will not be granted to attendees who do not attend the conference.

Registration payment must be received before the event date for admittance to the event.

Cancellations must be in writing. A full refund, minus a \$50 administration fee, will be granted for cancellations received via facsimile on or before Monday, June 4, 2007. No refunds will be issued after this date. If you would like more information on registration guidelines and prices please contact Toronto Rehab's Conference Services.



The Future is Now – Registration Form

If you have Internet access, please register at www.torontorehab.com/education/CARN

Registration includes continental breakfast, refreshment breaks and lunch for both days, workshop materials and a certificate of attendance.

Please check that which applies:

- \$450 Individual Conference Rate
- \$425 (per person) Group Rate*
- \$395 Early Bird Rate before May 25, 2007
- \$225 Student**
- \$275 One-day registration for the first day only

*Groups of three or more from the same organization

**Students must present a photocopy of a valid student ID

- I will attend the wine and cheese reception Thursday evening.

Registration deadlines and fees are subject to change.

Name _____

Position/Title and Profession _____

Organization _____

Address City, Province and Postal Code _____

Phone _____ Email _____

Attendees often wish to receive a list of delegates so that they can expand their peer network. Please indicate if you **do not** want your email address on our list.

- No, I do not want my email address to be included on a delegates list.

Toronto Rehab hosts a number of events on rehabilitation related topics and issues. Please indicate if you do not wish to receive information on these events.

- No, I do not wish to receive information about future Toronto Rehab events.

Payment

- Please charge my VISA card (please note that we only accept VISA)

VISA Card Number _____ Expiry Date _____

Name on Card Signature _____

Registration confirmation will be sent via email.

A completed registration form and VISA payment can be faxed to 416-597-7017. A cheque or money order made payable to the Toronto Rehabilitation Institute can be mailed to:

Toronto Rehab Conference Services – 550 University Avenue, Room 928 Toronto, Ontario, M5G 2A2

Workshop Selection

Please select three workshops for each session. Refer to the workshop charts to ensure they do not conflict.

Visit www.torontorehab.com/education/CARN for short descriptions of the workshops.

Concurrent Sessions 1

- a. b. c. d. e. f. g.
- h. i.

Concurrent Sessions 2

- a. b. c. d. e. f. g.
- h. i.

Concurrent Sessions 3

- a. b. c. d. e. f. g.
- h. i.



The 2007 National Rehabilitation Nursing Conference:



The Future is Now

Help build a new national identity for rehab nurses!

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Canadian Association of
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To register visit
www.torontorehab.com/education/CARN

June 14 – 15, 2007

Sheraton Centre Hotel – 123 Queen Street West, Toronto

Top 5 reasons why you should attend this event

1. Be a part of the historic first meeting of this new nationally recognized group
2. Find out about the standards of practice for rehab nurses
3. Networking opportunities! Connect with rehab nurses from across Canada
4. Hear about current trends and practices in rehab nursing
5. Enjoy the festivities of Toronto in summer

Hotel Information

Sheraton Centre Hotel
123 Queen Street West, Toronto, Ontario, M5H 2M9
Phone: 416-947-4955, ext. 4440 or 1-888-627-7175
Fax: 416-947-4854
Email: Guestservice.00271@sheraton.com

Prices (per night): Singles/Double/Twins: \$209
Towers: \$269

Please refer to Toronto Rehab when booking.
May 14, 2007 is the cut-off for special room rates.

Travel Information

If you are flying to Toronto for this event, Westjet is offering delegates a 10% discount off their best available regular fare (excluding web and promotional fares).

Please call the Specialty Sales Team at 1-877-952-4696 and quote QC #4383.

For flight schedule information, please visit www.westjet.com.

Registration for CARN

CARN is pleased to announce it will be accepting applications for membership beginning June 1, 2007 for the calendar year 2007-2008. The membership year will be June 1 to May 31, 2008. The membership application form will be available online at www.torontorehab.com/education/CARN.

Delegates will have the opportunity to register for CARN at the event.

Return Address

Toronto Rehab
University Centre
550 University Avenue
Toronto, ON
M5G 2A2

Contact Us

For more information on this conference or to inquire about other Toronto Rehab events, please contact Toronto Rehab's Conference Services at:
Phone: 416-597-3422, ext. 3693 • Email: Conferences@torontorehab.on.ca
Web: www.torontorehab.com/education