

Registration & Pricing

To register visit our website at www.torontorehab.com/education/MSK_Role2010.html or call Toronto Rehab's Conference Services department at **416-597-3422 ext. 3693**

Rates

\$165 Registration rate

Registration deadlines and fees are subject to change.

Registration includes continental breakfast, refreshment breaks, lunch, materials and a certificate of attendance.

Registration closes at 5 p.m. on Wednesday September 22, 2010.

Hotel Reservations

Metropolitan Hotel Toronto
108 Chestnut Street, Toronto

Reservations: 416-597-6351 or toll-free at 1-800-668-6600 or by email: reservations@tor.metropolitan.com (mention Toronto Rehab MSK Workshop)

Hotel Room Rates: Luxury King
\$155.00 plus taxes

Cancellation Policy

Payment by cheque or credit card must accompany the completed online registration form. Payment must be

received on or before Friday, September 3, 2010. Refunds will not be granted to attendees who do not attend the conference.

Cancellations must be in writing. A full refund, minus a \$50 administration fee, will be charged for cancellations received via facsimile: 416-597-6202 or email: conferences@torontorehab.on.ca, on or before Friday, September 3, 2010. No refunds will be issued after this date.

If you would like more information on registration guidelines and prices please contact Toronto Rehab's Conference Services.

About Us

Toronto Rehab is a teaching and research hospital affiliated with the University of Toronto.

At Toronto Rehab, our goal is to advance rehabilitation and enhance quality of life by pushing the frontiers of rehabilitation science. As a fully affiliated and specialized teaching and research hospital of the University of Toronto, we do everything humanly possible to generate new knowledge, put it into practice and share our discoveries with others.

Contact Us

For more information on this event or to inquire about other Toronto Rehab events visit www.torontorehab.com/education or call 416-597-3422 ext. 3693.



www.torontorehab.com

The Evolving Complexity of the Musculoskeletal Client:
Role of the Occupational Therapy Assistant in Rehabilitation

Bi-Annual Workshop



The Evolving Complexity of the Musculoskeletal Client:
Role of the Occupational Therapy Assistant in Rehabilitation

Bi-Annual Workshop

A unique, one-day workshop designed to inform the occupational therapy and rehabilitation assistant on current trends and equip them with the latest knowledge in MSK rehab.

September 24, 2010
8:00 am – 4:10 pm

Chestnut Conference Centre
89 Chestnut Street, Toronto

www.torontorehab.com/education

Toronto Rehab is a teaching and research hospital affiliated with the University of Toronto.

Event Overview

Toronto Rehab's Musculoskeletal Rehabilitation Program is pleased to host **The Evolving Complexity of the Musculoskeletal Client: Role of the Rehabilitation Assistants** on Friday September 24, 2010 at the Chestnut Conference Centre in Toronto.

This unique one-day workshop will provide occupational therapy assistants with valuable knowledge on the emerging MSK rehabilitation trends and equip them with the latest knowledge. Participants will also examine their role within the evolving MSK rehabilitation world.

The event will feature the latest information and best practice on such topics as:

- Non-pharmaceutical pain management
- Post fracture behavioural challenges
- Shoulder and wrist rehabilitation
- Edema and pressure sore management
- Practical splinting skills

The day will be composed of plenary sessions as well as five concurrent workshops which will run three times in the afternoon. Please consult the program agenda for more details.

8:00 – 9:00 am Registration and Continental Breakfast

9:00 – 9:15 am Welcome & Opening Remarks

9:15 – 10:00 am Non-Pharmaceutical Management of Pain —What Does the Evidence Say?

Mandy McGlynn

*Advanced Practice Leader
Toronto Rehabilitation Institute*

Therapists and assistants utilize a variety of non-pharmaceutical ways to manage pain in the MSK client. What does the evidence and best practice have to say about non-pharmaceutical management of pain for MSK clients?

10:00 – 10:45 am Emerging MSK Rehab Trends: The OTA Role Within the Evolving MSK Rehabilitation World

Jennifer Soong, MSK OT

Bayley Mitchell, MSK OT

Austin Irene, MSK OTA

Toronto Rehabilitation Institute

Learn about the evolving trends in MSK rehabilitation and the role of the OTA in service delivery in this changing environment.

10:45 – 11:00 am Refreshment Break

11:00 – 11:45 am Older Adults Post Fracture Care: Working with Older Adults Presenting Behavioural Challenges

Sue Calabrese, RN

*Instructor, School of Nursing
Ryerson University*

How can the OTA facilitate MSK rehabilitation outcomes for older adults presenting behavioural challenges? This presentation will examine the possible causes of behavioural challenges and treatment strategies to maximize functional outcome in therapy.

11:45 am – 12:45 pm Networking Lunch

12:45 – 1:00 pm Introduction to Afternoon Workshops

Workshops will run concurrently from 1:00 – 2:00 pm, from 2:05 – 3:05 pm and again from 3:10 – 4:10. You will have 5 minutes to change workshops.

1:00 – 2:00 pm Workshops – Round 1

Workshop 1

Edema & Pressure Sore Management for the MSK Client: Practical Tips and Strategies for the OTA

Haidee Law, MSK OT

Young Eun Russell, MSK OT

Toronto Rehabilitation Institute

What are the latest pressure sore and edema management products and techniques? This workshop will be an in-depth practical discussion on edema and pressure sore management techniques and strategies that can be used to assist your interventions with MSK clients.

Workshop 2

Wrist Rehabilitation 101: Treatment Consideration and Ideas for the OTA in Distal Radius Wrist Fracture Rehabilitation

Paula Szeto, OT

Toronto Rehabilitation Institute

This interactive hands-on session will explore common causes of distal radial fractures, post fracture management and rehabilitation considerations. Participants will have the opportunity to practice techniques used in wrist rehab presented within this session.

Workshop 3

Shoulder Rehab Post Fracture: Considerations for the OTA

Joanne Kwong, MSK OT

Toronto Rehabilitation Institute

This session will be a practical exploration of shoulder anatomy, shoulder fractures and best practice in post-fracture rehabilitation and management.

Workshop 4

Creating and Facilitating Client Therapy Groups by the OTA

Nancy Mirza, MSK OT

Natalie Fiore, MSK OTA

Toronto Rehabilitation Institute

Client activity/therapy groups are increasingly being used in healthcare settings for MSK service delivery. Learn how to create and facilitate effective OTA therapy activity groups for your work setting.

Workshop 5

Practical Splinting Skills for the OTA

Jenny Kim, MSK OT

Bayley Mitchell, MSK OT

Toronto Rehabilitation Institute

This presentation will be a hands-on splinting experience focusing on practical tips and knowledge for the OTA as it relates to orthotic positioning and handling thermoplastic & orthotic materials.

2:05 – 3:05 pm Workshops – Round 2

(See descriptions above)

3:10 – 4:10 pm Workshops – Round 3

(See descriptions above)

Who Should Attend

OTAs, rehabilitation assistants and students who work with MSK clients are encouraged to attend this workshop.

This education day will provide attendees the opportunity to network, share experiences and discuss important musculoskeletal issues that affect the quality of care provided to clients.